

L-Methyl Folate (1mg) + Methylcobalamin (1500mcg) + Pyridoxal-5-phosphate (0.5mg)

## Folyflit Plus Tablet

**L-Methyl Folate (1 mg) + Methylcobalamin (1500 mcg) + Pyridoxal-5-Phosphate (0.5 mg) Tablet**

### Description:

This combination tablet contains active forms of essential vitamins, including folate (L-Methyl Folate), vitamin B12 (Methylcobalamin), and vitamin B6 (Pyridoxal-5-Phosphate). These vitamins play a crucial role in red blood cell formation, DNA synthesis, nervous system health, and reducing homocysteine levels. The tablet is commonly used to manage nutritional deficiencies and support overall health.

### Composition:

Each tablet contains:

- **L-Methyl Folate: 1 mg**
- **Methylcobalamin: 1500 mcg**
- **Pyridoxal-5-Phosphate: 0.5 mg**

### Indications:

- **Management of hyperhomocysteinemia.**
- **Support in peripheral neuropathy and diabetic neuropathy.**
- **Adjunct therapy for depression and other mood disorders.**
- **Prevention and treatment of vitamin B-complex deficiencies.**
- **Pregnancy support for fetal neural tube development.**
- **Management of megaloblastic anemia.**

### Dosage and Administration:

- **Recommended Dose: 1 tablet once daily or as directed by the physician.**

- **Swallow the tablet whole with water, preferably after a meal.**

### Contraindications:

- **Hypersensitivity to any of the active ingredients or excipients.**
- **Not recommended for individuals with conditions requiring dietary restrictions of folate or vitamin B.**

### Warnings and Precautions:

- **Pernicious anemia: Methylcobalamin alone may mask symptoms. Monitor closely for underlying causes.**
- **Consult a healthcare provider before use in pregnancy or while breastfeeding.**
- **Use cautiously in patients with severe kidney or liver impairment.**
- **Avoid overdose as excessive intake of vitamins can lead to adverse effects.**

### Side Effects:

- **Common: Nausea, upset stomach, or headache.**
- **Rare: Allergic reactions such as rash, itching, or swelling.**
- **Overdose: High doses of vitamin B6 may cause sensory neuropathy with long-term use.**

### Storage:

- **Store below 25°C (77°F) in a dry place, away from direct sunlight.**
- **Keep out of reach of children.**

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**Note:**

**This is a dietary supplement and should not replace a balanced diet. Use under medical supervision, especially if you have underlying health conditions or are taking other medications.**

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

**(An ISO 9001: 2015 Certified Co.)**

Plot no.: 367-FF, Industrial Area Phase-I,  
Panchkula-134113

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